



|                             |               |
|-----------------------------|---------------|
| <b>Patient Name:</b>        | <b>Phone:</b> |
| <b>Referring Physician:</b> | <b>Date:</b>  |
| <b>Diagnosis:</b>           |               |

## ☐ EVALUATE & TREAT

## ☐ CONTINUE CURRENT RX

### PRE/POST-OP REHABILITATION

- |                               |                                     |                                     |
|-------------------------------|-------------------------------------|-------------------------------------|
| <input type="checkbox"/> Knee | <input type="checkbox"/> Neck       | <input type="checkbox"/> Shoulder   |
| <input type="checkbox"/> Hip  | <input type="checkbox"/> Elbow      | <input type="checkbox"/> Ankle/Foot |
| <input type="checkbox"/> Back | <input type="checkbox"/> Wrist/Hand |                                     |

### BALANCE REHABILITATION

- ☐ Balance Retraining Therapy
- ☐ Epley Maneuver (Manual)
- ☐ Neurological Gait Training
- ☐ NIR Infrared Treatment

### ORTHOPEDIC REHABILITATION

- |   |   |
|---|---|
| <input type="checkbox"/> Stabilization            | <input type="checkbox"/> Strengthening      |
| <input type="checkbox"/> Soft Tissue Mobilization | <input type="checkbox"/> Flexibility/R.O.M. |
| <input type="checkbox"/> Joint Mobilization       |   |
| <input type="checkbox"/> Other: _____             |   |

### PROGRAMS

- |   |  |
|---|--|
| <input type="checkbox"/> Balance Retraining | <input type="checkbox"/> S/P CVA         |
| <input type="checkbox"/> Vestibular Therapy | <input type="checkbox"/> Parkinsons      |
| <input type="checkbox"/> Headaches          | <input type="checkbox"/> Sports Specific |
| <input type="checkbox"/> Osteoporosis       | <input type="checkbox"/> Work Specific   |
| <input type="checkbox"/> Fibromyalgia       |  |

### MODALITIES

- |   |  |
|---|--|
| <input type="checkbox"/> Ultrasound             | <input type="checkbox"/> Iontophoresis |
| <input type="checkbox"/> Electrical Stimulation | <input type="checkbox"/> Traction      |
| <input type="checkbox"/> Other: _____           |  |

### PATIENT EDUCATION

- |  |                                       |
|--|---------------------------------------|
| <input type="checkbox"/> Home Exercise Program | <input type="checkbox"/> ADL Training |
| <input type="checkbox"/> Fall Prevention       |                                       |
| <input type="checkbox"/> Other: _____          |                                       |

Frequency: \_\_\_\_\_ Days per week

Duration: \_\_\_\_\_ Weeks / Months  
(type "weeks" or "months")

**Special Instructions:**

**Physician Signature:** \_\_\_\_\_